Volunteer Spotlight
Carmalita Turner from Bethel Elementary

Carmalita Turner doesn’t say yes every time she’s asked to volunteer but it’s a guarantee that when she does, the job will get done right.

Carmalita doesn’t have a whole lot of free time to share with Bethel Elementary School: she’s a single mother raising three children who also has a full-time job outside of her home. She is committed to her children’s education, however, and she knows that it’s important to make sure they see her involved with the school. Whenever she can, Carmalita says yes to occasional volunteer opportunities and projects.

Carmalita is a whiz on the computer. She can whip up a spreadsheet like nobody’s business and that skill has saved Bethel’s reading specialists untold hours of administrative work. She always makes time to help staff the annual Book Fair and she pulls a shift or two at many of the evening family events sponsored by the PTA. Carmalita’s got a terrific sense of fun, too, so she makes any event just a little more special with her great sense of humor. She’s just a fantastic cheerleader and all around go-getter type of gal!

The very best things about Carmalita, however, aren’t the amounts of time she spends at Bethel or the quantities of work that she performs. The best thing about Carmalita is the way she makes other children feel about themselves. She never fails to notice something unique and make a comment about that quality. She never fails to say an encouraging word when she sees a child struggling. She never fails to let a child know what her expectations are for him or her. And while she’s doing these things, her children understand that she’s at their school because she cares about their education and wants to support their school community.

Thank you, Carmalita Turner, for your commitment to our youth – the future of our community.

Laurel Shelter, Inc. Looking For Volunteers!

We are a nonprofit organization dedicated to providing direct services to victims of domestic violence and sexual assault that provides emergency shelter as for women and children as well as outreach services for many of our clients. Every person has something to offer and YOU can make a difference in your community!! Volunteers are the backbone of our organization and we look forward to welcoming you to our team of gifted and caring individuals. Some of the opportunities available are:

- Child Mentoring
- Office Assistance
- Life Skills Instructors
- Fundraising
- Hotline Support
- Transportation Support
- Shelter Support
- Grounds Keeping/Maintenance
- Thrift Store/Donations Support

Please stop in, call or email Liz Lyon, Volunteer Coordinator at lsivolcoor@verizon.net or call 804-694-5890 if you, your teenager, other family members and friends are interested.

VOLUNTEERS NEEDED!

The Giving Garden Giving Garden Foundation is a Gloucester Virginia based, 501C3 nonprofit providing financial and educational assistance for cancer patients and their families residing in Gloucester & Mathews Virginia. We are pleased to report that we have awarded $30,000 in financial assistance from 2008-2013. We need volunteers to help with fundraising events and our “Together We Can Advocate” Aluminum Can Recycling Program, our Healing Gardens Brick Paver Sales and various fundraising events. Whether you can only volunteer one hour a month to one hour a week - every little bit helps our community battling and surviving cancer! This is a great opportunity for students to gain volunteer hours. For information on our organization you can visit www.thegivinggarden.org or contact us via email at kgarnett@thegivinggarden.org, mjohanson@thegivinggarden.org, or mwamsley@thegivinggarden.org. Our mailing address is PO Box 1421, Hayes, VA 23072.
Interested in becoming involved in your local government? A Volunteer Board Bank is available to assist the Gloucester Board of Supervisors in identifying local community members interested in serving on board-appointed commissions, councils and committees. Interested citizens may complete this information form which will be kept on file. When a vacancy occurs on a board appointed group, the Board of Supervisor members may review the information in the board bank. Specific information on the various groups may be obtained by contacting Community Education at 693-5730, sending an e-mail to awallace@gloucesterva.info or visiting the website at: www.gloucesterva.info. In the “Select a Service” pull-down menu, select “Volunteers: Boards and Committees”.

County of Gloucester
Volunteer Board Bank

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Please type or PRINT in pen clearly:

Name: _____________________________________________________________________________________________________
  Last                                               First                                       M.I.                    Mr.,  Mrs.,  Ms., Miss, Rank

Home Mailing Address: ____________________________________________________________________________________________________

Business Name & Mailing Address ( if appropriate): ___________________________________________________________________________

____________________________________________________________________________________________________________________

Communications: Phone (day):_______________   (eve):________________  fax:________________  e-mail:_____________________________

Vocation/Profession: ______________________________________________________________________________________________________

Education /Qualifications/Job Experience(s): _________________________________________________________________________________

________________________________________________________________________________________________________________________

Interests/Community Service Activities: ______________________________________________________________________________________

________________________________________________________________________________________________________________________

Board/Commission/Council(s) You Wish To Serve On Selected From Above Listing:
  1st Choice:_______________________________________________________________________________________________________________
  2nd Choice:_______________________________________________________________________________________________________________
  3rd Choice:_______________________________________________________________________________________________________________
  Others:__________________________________________________________________________________________________________________

Are you willing to be appointed to more than one Board/Commission/Council?  YES____ NO _____

Current Member of a County Board/Commission/Council(s)? YES___ NO ____ If YES, please list:__________________________

Previously Served on a County Board/Commission/Council(s)? YES___ NO ____ If YES, please list:__________________________

Registered Voter? YES ___ NO ___ Magisterial District: __________________________

Your District Representative on the Board of Supervisors: _______________________________________________________________

Send completed form to: Community Education, P.O. Box 1306, Gloucester, VA 23061 or FAX to 804.693.0509

We thank you for your interest in serving on a county board, commission or council.
Small Steps to Health and Wealth
August 22nd, 1:00-3:00 PM
Gloucester Department of Social Services

This program consists of goal setting, a discussion of similarities between health and personal finance, and 25 suggested behavior change strategies that can be applied to either health, finances, or both. The program concludes with a discussion of seven key health and wealth success factors: attitude, automation, awareness/knowledge, control, environment, goals, and time.

Couponing 101 & Saving Money on Food
Reading the Nutrition Facts Label
September 24th, 10:00 a.m.-Noon
Gloucester Department of Social Services

Couponing 101 discusses important coupon definition, how to be organized when couponing, maximizing coupon value and other ways to lower spending of food. This is designed to be an introductory class that provides new coupon users with the tools to reduce their food and grocery expenses.

Reading the Nutrition Facts Label takes a step-by-step approach to discuss serving sizes, counting calories, the health benefits and risks of the three macronutrients and other commonly listed nutrients, and the FDA’s Percent Daily Values.

Please pre-register for these two workshops by contacting Gloucester Department of Social Services at (804) 693-2671

4-H Clubs
Open to Youth Aged 9-18

In Gloucester, we have 4-H horse clubs, a community and animal science club, a shooting sports club, a 4-H club for home schoolers, and a group for 4-H cloverbuds (ages 5-8).

Typically 4-H clubs meet once a month. They provide lots of fun learning experiences while building leadership and citizenship skills thru club and community service projects.

Call 693-2602 for information about joining a club, volunteering, and starting new clubs.

Gloucester 4-H Shooting Supports is looking for a volunteer leader. Applicant should have fire arms safety certification and be willing to obtain 4-H shooting sports instructor certification course. Please call Krista Gustafson at 804-693-2602 for additional information.

Gloucester County Cloverbuds. Open to youth aged 5-8. Explore the treasures of 4-H thru crafts, nature, and community service projects. Contact Jackie Jeffers at 804-693-2602.

Hooves, Paws and Claws. Open to youth aged 9-18. Participate in volunteer work, learn leadership skills. Work on a 4-H project. From gardening to livestock, there is a project for everyone. Call Justin Dalton at 804-684-8658 for more information.

Tips: Saving Some Green at Home

1. Check your home for appliances that use standby power. Typically appliances that have a digital display, or “instant-on” features. You can reduce your electric use, and therefore your power bill, by not only turning off these appliances when they are not in use, but also unplugging them. Your television, for example, uses approximately $35 per year of electricity when turned off but still plugged in. Cell phone charges and other items with an external power supply or a rechargeable battery use standby power. The average home has at least 20 such devices which could add up to $500 to $800 a year. To conveniently cut power to appliances, use a good-quality surge protector. Plug your television, DVD player, audio system, and game system into one power strip to be turned off when you are not using the television. This should lower your electricity usage.

2. Clean or replace your air filters monthly. Dirty air filters restrict airflow and increase/energy use.

3. Use fans instead of air conditioning. Setting your thermometer just a few degrees higher and using a fan instead can save you money with lower energy usage.

4. Reduce air leaks and add insulation. Heat loss through the ceiling and exterior walls is responsible for the majority of heating costs. Add storm windows or replace conventional windows with insulated glass. Remove window air conditioners when no longer needed. Close the damper in your fireplace when not in use. Make sure you have at least 12 inches of insulation in your attic.

5. Change your light bulbs. Lighting makes up about 10% of home energy costs. Switching form incandescent bulbs to compact fluorescent lamps (CFLs) will save on lighting costs. Although the purchase price of CFLs is higher than incandescent bulbs, they use up to 75% less energy and last up to 10 times longer. On average you can save $45 over the life of the bulb.

A 5th H 4-H Homeschool Club. Open to youth aged 5-18. The club usually meets on alternate Fridays at Beaverdam Park. Learn leadership, citizenship, work on 4-H projects and participate in fun educational field trips. Call Elizabeth Guinn @ 695-2578 for more information.

Saddle Smarts 4-H Horse Club. Open to youth aged 9-18. Learn all about horses, participate in horse related contests and riding events. Learn citizenship and leadership along the way. Contact Helen Ann Johnston for more information 804-694-6984.

Midnight Riders 4-H Horse Club. Open to youth aged 9-18. For youth interested in riding and learning more about the animal, Horse judging as well as riding. For information, contact Janine Wilson at 757-771-8848.

GLOCO 4-H Horse Club. Open to youth aged 9-18. For youth horse enthusiasts participating in any riding discipline. Call Pat Coleman, 757-544-1039 for more information.

Did you know...

17,555 adults and teens volunteer to help 4-H’ers “Make the Best Better”?
Children

Story Time  Sing, rhyme and read!

Main Library
Sept. 11, 18 & 25  Sept. 12, 19 & 26
Oct. 2, 9 & 16  Oct. 3, 10 & 17
Wednesdays  Thursdays
10:30-11:30 am  10:30-11:30 am
Ages 3-5  Age 2

Point Branch Library
Sept. 4, 11, 18 & 25
Oct. 2, 9 16, 23 & 30
Wednesdays
10:30-11:30 am
Ages 3-5

Tot Time  Sing, read and play!

Sept. 10, 17 & 24, Oct. 1 & 8
Tuesdays from 10:30-11:30 am

Main Library
Ages 18-24 months
Registration required

Noodling  @ your library

November 4-15
Main Library & Point Branch Library
Grades 2-5. Visit the library and noodle for a book!

Teens & Tweens

Bone Bash
August 13  August 15
4:30-5:15 pm  4:30-5:15 pm
Main Library  Point Branch Library
Grades 6-8. Excavate! Dig! Learn about local
archaeology with games, craft and digging fun.
Registration required.

Summer Reading  Prize Drawing
August 16
10:00 am
Main Library
Grades 6-8 & Grades 9-12. Grand Prize Kindle Fire!
Jewelry kits, usb drives, sports watch and many more!

Spooky Lot Trick-or-Treat

October 31
6:00-7:30 pm
Point Branch Library

Trick-or-Treat @ the Point! Visit vehicles for a trunk-or-treat adventure!
Event will be held in the Point Branch Library parking lot and will be closed to
traffic for safety. Activity will be moved inside in case of inclement weather.
Ages 2-12. Children must be accompanied by an adult.

Gloucester County Friends of the Library

Fall Book Sale

Main Library
Friday, October 25
10:00 am - 2:00 pm Members Only
2:00 - 5:00 pm General Public
Saturday, October 26
10:00 am - 5:00 pm General Public

Sunday, October 27
1:00 - 5:00 pm General Public

If you are not a Friends member join at the door for $5.00.
Community Happenings

**A library card is your key to resources and events.**

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**Adults**

*Ages 13 and up. All materials provided FREE!*

**Registration required for the following events:**

**Smash Into Journaling**

**August 5**
5:30-7:00 pm
Main Library

**August 7**
2:00-3:30 pm
Point Branch Library

New hobby with a friend, mother-daughter time or just for you! Incorporate the latest trend by creating a Smash Book. Use the guided journaling suggestions to begin a passage into successful memory keeping.

**Relax: Zentangle Fun!**

**September 14**
10:00-11:00 am
Main Library

**September 23**
2:00-3:30 pm & 6:00-7:00 pm
Point Branch Library

Repetitive, simple steps......relaxation, focus and inspiration! Join the Zentangle fun! This introductory class provides basic instruction and understanding of the new and unusual art form.

**Fall Fun with Kitty Martin**

**October 16**
6:30-7:30 pm
Main Library

Kitty Martin presents ideas for Fall. Interesting, different and inexpensive approaches to bring Fall color and details into your home. Registration required.

**Café Español**

**August 24, September 28 & October 19**
10:00 am-12:00 pm
Main Library

Fourth Saturday of each month. Join us at ¡Café Español! Gloucester’s Monthly Spanish Speaking Conversation Hour. Share your love of the Spanish Language! All ages and ability levels are encouraged to participate.

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**October is National Breast Cancer Awareness Month**

Join the fun and help spread awareness with The Gloucester County Public Library 1st Annual **PINK HEEL STOMP** contest!

Decorate a high heel shoe using a PINK theme……. elegant, glitzy, glam, funny, frilly or crazy!

**ENTER to SUPPORT a great cause:**
- Registration forms - name, theme and contact information
- $5 per entry (checks payable to Friends of the Library)
- Multiple entries accepted
- Entries accepted October 15 through October 20
- Voting begins October 22 through October 27
- $1 per vote – select a winner!

Get your PINK glam on and kick up your heels for a fun and different way to support breast cancer awareness!

All money will be donated to the **Giving Garden** in the name of the winning artist or in honor or memory of a friend or loved one.

(Sponsored by the Gloucester County Friends of the Library)

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**Computer Help**

**Monthly Computer Lounge**

Experienced? Looking to learn something new? This is the class for you! Registration required.

**Digital Photography**

**August 8**
10:00 am-12:00 pm
Main Library

**August 15**
1:00-3:00 pm
Point Branch Library

Digital camera functions, uploading to a computer and using photo editing software.

**eBooks**

**September 12**
1:00-3:00 pm
Main Library

**September 19**
1:00-3:00 pm
Point Branch Library

Upload books from the library. Learn the ins and outs of your eBook reader (Kindle, Nook, etc.).

**Computer Basics**

**October 10**
1:00-3:00 pm
Main Library

**October 17**
1:00-3:00 pm
Point Branch Library

Introduction to the Windows operating system. For those with little or no experience.

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Thank You!

Gloucester County Friends of the Library